



Medications to Stop Before Surgery

Anti-inflammatory Medications (STOP 7 days before surgery)

- Aleve
- Ibuprofen/Advil
- Celebrex
- Mobic/Meloxicam
- Naproxen
- Fish Oil
- Vitamin E (if not included in a multi-vitamin)

Blood Thinners

- Aspirin (STOP 7 days before surgery)
- Coumadin/Warfarin (STOP 5 days before surgery)
 - Sometimes you may have to bridge off with Lovenox
- Eliquis (STOP 3 days before surgery)
- Xarelto (STOP 3 days before surgery)
- Plavix (STOP 10 days before surgery)

Also, birth control medications and hormones may need to be stopped 7 days before surgery. Please let the nurse know if you are taking any of these medications.